

Smart Meter Frequencies are Illegal & Very Dangerous

by Curtis Bennett

Technology advancements are very important but it is critically important the upgrades are done safely or they can adversely affect all life on the planet. It is important for governments, education, industries, insurers, medicine and everyone without exception to educate themselves on implementing technology upgrades because it impacts all of us.

There are two ways to install technology upgrades, either by wiring or wireless. Keeping it simple, wiring involves insulated wires with conductors made of copper or aluminum that are the length of the circuit. For electricity in our homes, power (watts) is confined to the insulated conductors and the electromagnetic fields (EMFs) inside wires cancel each other out.

Using wireless technologies requires special considerations because of the potential dangers. The wireless circuit isn't insulated, power (watts) are bathing entire coverage areas and the EMFs can interact with anything they touch.

In the discussion on wireless, radio frequencies (RF) for cell phones, Wi-Fi or smart meters are not the same as solar radiation EMFs, fluorescent lights, infrared, light or natural EMFs. Wireless frequencies go through buildings and they go through you, your pets, pregnant women, babies, vulnerable patients as well as anything absorbent they interact with.

Smart Meters are measurement devices for remote monitoring of gas, water or electricity consumption. The primary objective of smart meter installations is for utilities to monitor energy consumption and save energy while reducing costs. Many provinces, states and countries are choosing to install a wireless smart grid because of cost factors. Wireless is thought to be cheaper because reading a meter from a remote location can be done without the construction and wiring costs to connect the meters in or on buildings. Unfortunately, there were extremely critical mechanisms missed on the safety and cost savings of employing a wireless over a wired smart grid.

Human Exposure to Radio Frequency Electromagnetic Fields

Human exposure to RF EMFs used by cell phones, Wi-Fi or smart meters are governed by Health Canada's Safety Code 6 in Canada and the FCC in the United States. Safety Code 6 and the FCC use the same scientific standards as other international bodies. Even though safety standards on human exposure to radio frequencies are based on decades of scientific literature, the mechanisms linking the frequencies to adverse health effects were admitted to be missing.

Safety Code 6 states "The predominant health effect to be avoided is the unintentional stimulation of excitable tissue as is the heat effect." Experimental studies have shown that induced electric fields and currents can lead to nerve and muscle depolarization. Depolarization is a normal function but not by an EMF trigger from wireless exposure.

An example of intentional stimulation of tissue is medical imaging like an X-ray in an imaging environment, intended position of use and other exposed parts of the body protected.

The test adopted by the FCC, Safety Code 6 and others is the Specific Absorption Rate (SAR) The name itself is alarming because it is an admission that RF energy is being absorbed when there is zero acceptable absorption levels of RF EMFs. Here is the archaic test model used for absorption levels and mechanisms missed globally.

Specific Absorption Rate (SAR)



Here is a picture of the test used for RF EMF exposure to cell phones, Wi-Fi and smart meters.

The bracket holds the cell phone in the intended position of use. The highest power density is measured at the base of the antenna and the red arrow is pointing to the small localized area of the skull thought to be radiated.

The white arrow on

top of the head highlights the hole in the head where the model is filled with fluid simulating tissue. There is a temperature probe inside the hole to measure "thermal" or "non thermal" effects on biologic systems. Watts/kg is used for amount of absorption.

Wi-Fi exposure for children, teachers, adults and pregnant women is considered safe 24/7 because the wireless computer or other portable devices aren't held against the head like a cell phone.

Exposure to wireless Smart Meters is considered safe 24/7 with distance because the meter isn't held against the head like a cell phone.

Here is a link for the Specific Absorption Rate testing. <http://www.cemag.com/archive/03/01/miller.html>

In order for frequencies to cause adverse health effects, it has to be substantiated how the frequencies interact with biological systems. When you see and read the above testing used for exposure to wireless frequencies, can you see the missing mechanisms in safety standards that link the frequencies to adverse health effects?

Cell phones, wireless computers or portable devices using Wi-Fi and smart meters are the end point device. The rest of the wireless radiation infrastructure was left out of the radiation equation. The number of frequencies, antennas, collectors, Wi-Fi routers, smart meter routers, relays, meters, Home Area Networks, all wireless equipment and orientation of the EMFs weren't included. Leaving this information out negates safety testing and changes present reporting on safety immediately.

Another critical mechanism missing in the Specific Absorption Rate is limits of exposure were developed without incorporating the electrical properties, millions (billions) of frequencies and vulnerability of biological systems. People were treated as meat heating and lower frequencies didn't heat tissue, so were called non thermal effects. You can't leave frequencies and electrical information out of an electrical equation. The equation would be incomplete.

Dangers of Wireless Smart Grid

The flawed SAR test model was used by Public



Curtis Bennett speaking on the danger of smart meters

Utilities Commissions (PUC) and utilities for their representation of safety or savings with the wireless smart grid. Distance from the meter is presented as keeping people safe from frequency exposure.

Electrical Compatibility

The electricity in our homes or used by industry has a frequency of 60 Hz in North America and the inspection plate on appliances or devices states 60 Hz for electrical compatibility. The electrical grid, the appliances and devices would not work safely or efficiently without that compatibility. Electrical compatibility is very important with smart meter frequencies interacting with human or other biological systems.

A Texas utility named Oncor replied through their lawyer the average area covered by each smart meter router was 5 square miles. The average area covered by each collector was 125 square miles. That means almost everything within the coverage area is interacting with high speed frequencies they aren't electrically compatible with. The Texas PUC document on safety with distance from the meter is meaningless when you are in the coverage area. The meters are the endpoint device, the routers and collectors have to be included in the equation. http://www.thermoguy.com/pdfs/Smart_Meter_Safety.pdf

The coverage area confirms everything in the area is hit by the frequencies, including humans. Laws are precise on the

stimulation of tissue being avoided. See the highlighted area on page 2 where a utility links standards of acceptable human exposure of smart meter frequencies between Health Canada and the FCC. <http://www.thermoguy.com/pdfs/BC-Hydro-RF-Fact-Sheet-Detailed.pdf>

BC Hydro states in their fact sheet sheet distance from the meter is safer and the meter base reflects the meter frequencies from the building. To the left is their smart grid showing the wireless circuit hitting all buildings, the people in them and everything in between.

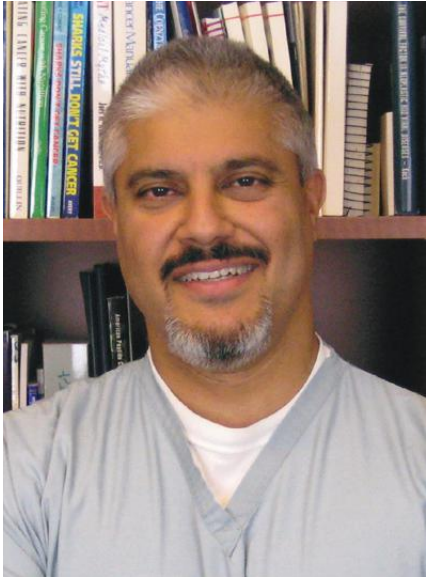
The highlighted area on Page 19 of the BC Utilities Commission states compliance with Safety Code 6 is required. <http://www.thermoguy.com/pdfs/BC-Utilities-Commission-BCH-Smart-Metering-Infrastructure-Program-Business-Case.pdf>

The highlighted area on page 10 of Canadian Telecommunications Association Act states compliance with Safety Code 6 is mandatory and a condition of license for towers. <http://cwta.ca/wordpress/wp-content/uploads/2011/08/Connecting.pdf>

As per the utility's diagram above and the coverage areas, the frequencies are going through buildings while hitting everything in between. The frequencies are illegal as applied and much more dangerous than represented. There are reasons we don't apply frequencies recklessly.

"Smart Meters" ... cont'd pg 6

Water Speaks



by **Dr. Rashid A. Buttar, D.O.**

Our bodies are composed of 75 percent to 80 percent water. Every plant and animal cell and even the planet itself is 75 percent to 80 percent water. Do you think the Creator is trying to tell us something about water?

Notice I didn't say "tea" or "lemonade". At least once a month, someone tries to use the logic that tea or coffee should be fine since it's composed of water. Nonsense! Sure, coffee has water in it, but coffee can never replace the purity of natural water. If the Creator had wanted us to be 75 percent to 80 percent coffee, He'd have made us that way. (There's more to come on the drawbacks of drinking coffee later.)

Pump Up the Volume

When it comes to water, we need to take the hint from the Creator and increase our water consumption. How much? My rule is simply to calculate one-half to two-thirds of your body-weight number in ounces to determine your minimal intake of water per day. For example, if you weigh 150 pounds, you need to drink between 75 and 100 ounces of water each day. To get an idea of how much water this is, a half-gallon is equal to 64 ounces of water. So, for a 150-pound individual, you would want to consume a little more than a half-gallon to three-quarters of a gallon of water per day.

For most people that's going to seem like work, but believe me, once you do this for thirty days, you won't be able to stop. We're nearly all in a chronic state of dehydration. If we approach the ideal ratio that the Earth needs to maintain a balance of water, and you're in this world, doesn't it intuitively make sense to consume an amount of water that would, at the very least, amount to the same ratio of water on the planet?

Luckily, the human body is very intuitive despite the mind getting in the way. So you don't have to take my word for it; listen to your own body. The more water you consume, the better your body will feel. Every single function, from digestion and elimination right down to the electrical impulse exchange between cells, will become more efficient. Drinking this much water will be difficult at first, but you should begin

building up to your appropriate level.

Ultimately, you'll saturate and rehydrate your thirst receptors, and when that happens, your body will actually begin craving water. Trust me. Once you hit your appropriate water consumption level, maintain that level for thirty days. Then, try to stop drinking your water. Your body won't let you stop. It's finally being rejuvenated with its most elemental component and it's not about to give it up. That's when it becomes easy because now you're simply just fulfilling a craving.

Which Water?

If oxygen is the breath of life, then water is the blood of life. With something that important, you definitely don't want to be drinking just anything, especially tap water. In fact, stop drinking tap water immediately! This is especially important if you live in a major metropolitan area. Most urban water has added toxins, including fluoride and chlorine, among others. Our primary goal is to detoxify. Well, one of the easiest ways to reduce your toxic load is to interrupt the supply of that toxic load entering into your body. Keep the garbage from coming in at this stage by eliminating tap water. And there are plenty of toxins in tap water. However, don't be lulled into a false sense of security by thinking that all you need to do is drink bottled water. Statistics show that 70 percent of bottled water came from a municipal water supply and was just filtered and put into a plastic bottle. So bottled water, although a bit better, is not that much better and certainly not good enough.

If you can't drink the water from your own faucet, what type of water should be consumed and where can you get it? Who would have thought that something as simple and as pure as water could be so complicated?

The grocery store shelves are overflowing with various water products. There's water with electrolytes, water fortified with vitamins, ionized water and even flavored water. Some waters come from glaciers, some from springs. Some come from artesian wells in faraway places. A lot of them carry fancy names that contain derivatives of words like aqua, crystal, clear and pure to convince you that what's in that plastic bottle is true water.

Think again. Many TV newsmagazine shows have featured profiles about the scientific analyses conducted on many of these products. The shocking part is that regardless of the fancy names, many of them contained nothing but tap water. You could have just saved yourself three bucks and loaded up on your own toxins free of charge in the convenience of your own home.

Would the safe answer be to drink distilled water?



There are a lot of proponents of distilled water who say that it's the best choice because it's the only true "pure" water available. Distilled water comes from boiling regular water. The steam condenses on receptacles above the boiling water, is cooled and then bottled. It contains only hydrogen and oxygen. The solids and impurities are all left behind as sediment. The opponents of distilled water, however, claim that due to the property of hypo-osmolarity, distilled water can actually leach important minerals from your body, acting sort of like a magnet and pulling the minerals out of our systems. I don't know if I necessarily agree with this rationale, but I haven't seen any comparative studies that looked at this issue. Regardless, I don't recommend distilled water but for a much simpler reason. With the exception of rainwater, distilled water is virtually impossible to find or drink in nature. Even when rainwater comes into contact with the earth, it mixes with natural minerals. The other issue is that the majority of rainwater is polluted with the acids found in our environment. Bottom line, if distilled water is the only clean source of available water you have, simply add a pinch of sea salt to the water and you'll have remineralized it.

Water Filter Facts

The best type of water is that which has been detoxified but still contains its important minerals. The best source of water is filtered water from a reputable filtration system-not to be mistaken with water softeners or the gadgets you attach to your water pitchers or kitchen faucets. I'm referring to professional filtration systems designed specifically for the purpose of removing heavy metals, persistent organic pollutants and so on.

You can also find many other types of water filtration systems in grocery stores and various retail locations. Most of these machines purify the water through reverse osmosis, which is a reasonable and affordable second choice.

How can I find the best water?

A home water filtration system is best. If your budget is tight, bottled water from the grocery store may be adequate, but you could consider opting for the distilled water with a pinch of all-natural sea salt, which may be the better option simply because at least you know the toxins have been removed from it. Don't drink distilled water without adding some minerals, however. Natural spring water is good and glacier water is better. But beware of marketing rhetoric. Read labels and make sure the water really does come from the source that's claimed. Avoid regular tap water unless you're getting it from a reliable well.

Water is one of the best conductors of energy. It gives energy and transports energy. Your very thoughts are energy, energetic signatures that you are imprinting on yourself. And the water in your body is conducting that energy like electricity throughout every cell, tissue and organ system in your entire system. So think positive thoughts before you drink your water. Respect water! Not just the water you take into your body, but also the water that's already in your body. It's listening.

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PHA seeks to bring information and awareness about these illnesses to the public's attention. We seek to make sure that anyone struggling with these diseases has proper support emotionally, physically, spiritually and medically.

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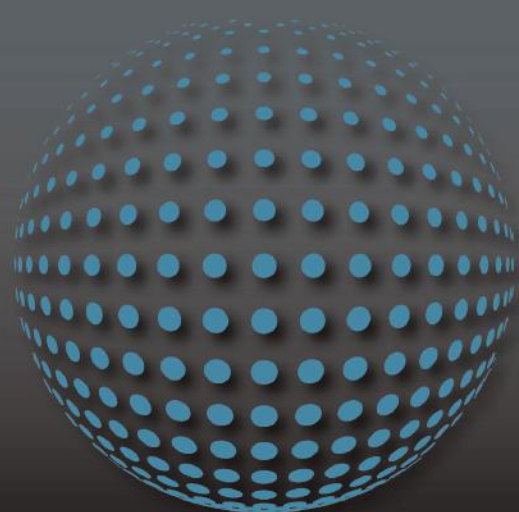
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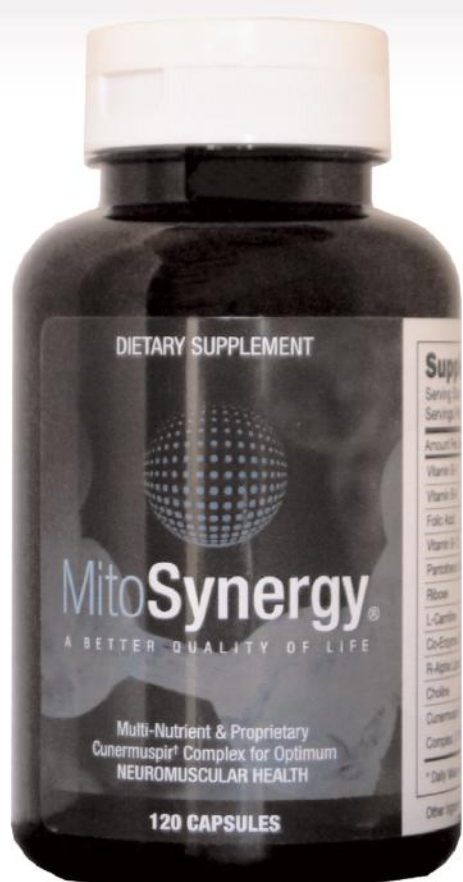
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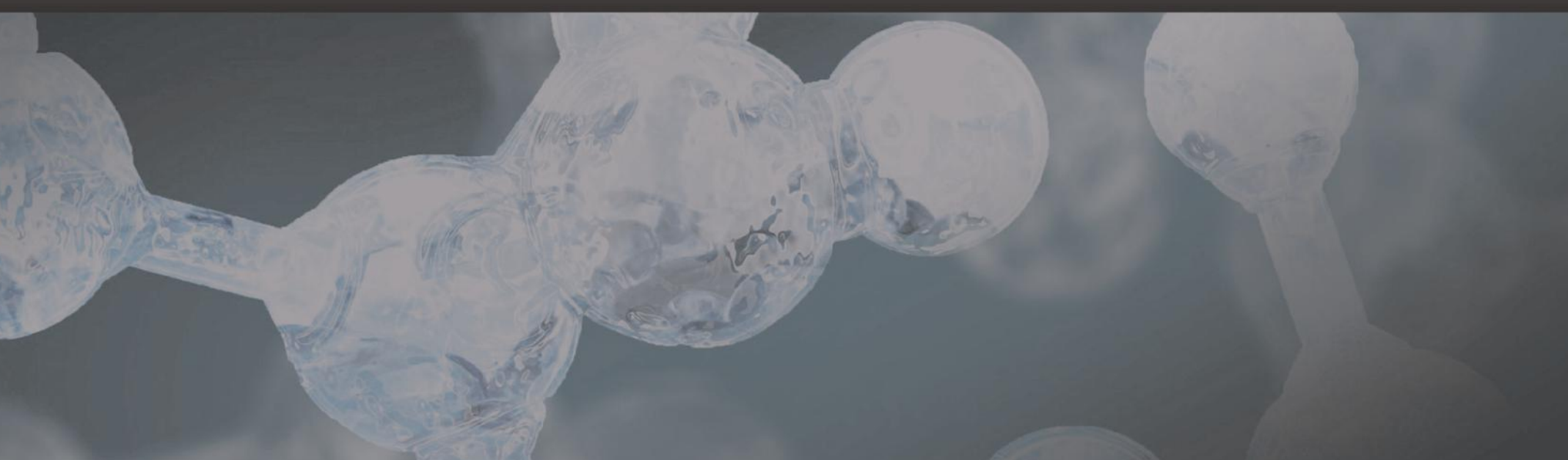
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Life After Lyme and Other Chronic Illness: What I Know For Sure



by Amy B. Scher

As 2013 starts, I have more to be thankful for than ever. Years ago I thought I'd never make it to age 30. I couldn't imagine a way out of the string of diagnoses that consumed my life: Chronic Lyme disease, Fibromyalgia, Chronic Inflammatory Demyelinating Polyneuropathy, Connective Tissue Disease ... and the list goes on. Sitting here completely healthy, I reflect on all that I learned in those eight years, wondering how I can capture it all and bottle it so I never forget. Not even 50 years from now.

The suffering I endured is something that that I'd never give back now—the lost life, the pain of every kind. So much of where my life finally landed came from flying blindly through all of those years. But now I can clearly see why the prize was so worth what it took to get

here.

Here are the top 5 things I now know for sure:

1. You will be ok, and probably even better than that. It will feel like you won't and that feeling will linger for days and hours and years maybe. But when you least expect it, it may simply pass. Or you may just learn to be ok during the times you doubt it ever will. Close your eyes and imagine the storm of all your suffering like the wind. Wind always, always moves. And this time in your life—full of all it is this very second, will pass too. When it is ready, be there, completely willing to let it go.

2. You will feel misunderstood, but it's for a purpose. Part of healing, emotionally and physically, is unplugging from judgments and attachments of what other people think of you—and what you think of yourself. You have to feel misunderstood to work through why it doesn't really matter if you are. You have to find a place in time where you throw up your hands in celebration and say "This is me!" Some will love you and some will leave you, but when you finally arrive at that point, you will be free in a way you've never known.

3. You will learn to let go. You will have to in order to

move forward. You will one day see that all that you tried to control and analyze and make sense of only tied up your healing energy. Feeling safe in the flow of life is essential to your health. It will probably be the hardest thing you do—to surrender to life instead of fight it. But when you succeed, you will find a new kind of safety that no changed plan or unexpected event can shake: you will learn to trust yourself. And with that, you will truly begin to heal.

4. You will learn you have more power than you think. You will realize that the only person victimizing you when you have the victim mentality is yourself. You will come to see that even though you might feel powerless, there is always something you can do to move yourself forward. You have to choose that something wisely though. It is not regurgitating your symptoms to everyone who will listen and writing angry letters to all the doctors who don't understand your disease. Wasting energy to make a point is robbing from your healing.

It won't be easy, but it is your job and until you are accountable for that job, you will always be waiting for someone else to fix you. As I learned, even through my stem cells transplant - the most drastic of medical treatments - the cure never

comes in a treatment or a doctor or the latest trend. They are all simply steps in the process. It never comes by focusing on all the wrongs in your life. It comes when you decide, despite all that has gone wrong, it is up to you to heal anyway.

5. You will become someone you truly love and accept. After you have learned to see the hard moments like the wind, made peace with being misunderstood, learned to let go, and have taken your power back, you will find a self-love for your ever sparkly, kick-ass self that you didn't have before. You will understand and appreciate all that you went through and see why it had to happen that way. You will admit things to yourself that you denied before, acknowledge your role in your illness, and smile at how far you've come. You will stop seeing yourself as a person who suffered, and you will see yourself simply as a survivor that is ready to move on.

In my book, *This Is How I Save My Life*, I write: "...You finally realize that your illness was more than just years of suffering. It was the metamorphosis into that which you were always meant to be."

May you use this time as a vessel to become all that you ever hoped to be. May you shed the layers, beliefs and choices that are holding

you back. May you experience everything, including illness, as an adventure. May you embrace it in a way that helps you grow bigger and brighter. May 2013 be YOUR year.

pha

About the Author:

Amy B. Scher is the author of *This is How I Save My Life - A True Story of Embryonic Stem Cells, Indian Adventures, and Ultimate Self-Healing* (January 2013). With a history of chronic illness, Amy set out to discover the foundation of healing. She is an expert in mind-body-spirit healing with offices in Los Angeles and Monterey, California. She uses energy therapy techniques to help those with chronic illness and those in need of emotional healing to identify, release and move on. Amy is an Ordained Minister of Holistic Healing. She is a frequent contributor to healthcare blogs and has presented to groups including the Department of Psychiatry and Behavioral Sciences at Stanford University. Amy lives by the self-created motto: "When life kicks your ass, kick back."

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A New & Living Way



by Joan Vetter

Finally it seems like my war on the white dust is over. A thin layer seemed to blanket everything in our bedroom. Our grandson Micah just replaced the carpet and some outdated little white tiles in our master bath with new ceramic flooring. It looks beautiful now, but as anyone who has gone through remodeling knows it

is pretty messy during the process.

We discard outdated clothes or things that no longer fit. We get rid of sour milk or moldy bread. But somehow we feel we can't touch the religious ideas passed down to us by parents or our church even if they are no longer working for us.

I remember so clearly when I had an encounter with the living God. It was birthed from frustration and questioning. I poured out my doubts to my Methodist Minister, and all he did was smile at me and say, "I will pray for you and the Holy Spirit will show you the truth." Just a few minutes later my room filled with God's glory and I knew what I was reading in the book of John was true. The Bible calls this being translated out of the kingdom of darkness and into the kingdom of

light.

However, after years of studying the Bible and prayer I realize more than ever there are still things I need to discard in my belief system to make room for truth. In the same way that Micah couldn't just put down the ceramic tile on top of what was already there, we need to do the messy work of demolishing the old.

Contentment is usually viewed as a good thing, but if we are content with our old ways we may be missing the new and living way Jesus speaks about. We may need healing, but we've been taught God heals some and not others, or that He heals in a certain way. Then one day we are reading John 5:5 where a certain man is lying next to a pool of water, waiting for someone to put him in. Jesus asked him a startling question, "Do you want to be made well?" He

does not say a quick "yes". Instead he answers with excuses. Jesus simply instructed him to get up and walk. So the old mindset of needing the angel to move the water before he could get in and be healed was replaced with the new and living way led by the Lord Himself. So the Holy Spirit begins to tug on our heart with the thought perhaps we need to stop living with excuses.

Actually, what I am sensing today after forty six years of knowing the Lord, takes me right back to the beginning. Yes, I have heard some wonderful teaching. Yes, I feel I have "grown" wiser about the Lord. But, the foundation of it all has to be what I experienced at the very onset - the presence of the living God.

For instance Joshua was Moses' understudy. When Moses died, God

instructed Joshua to cross over the Jordan with all the children of Israel. Joshua had seen God part the Red Sea under Moses' leadership, but he couldn't rely on yesterday's miracle.

The key for Joshua, and for us, is the presence of the living God. He couldn't just believe that God could part the sea the same way He did before. Joshua needed to hear God speak to him and say, "As I was with Moses, so I will be with you. I will not leave you nor forsake you." In the entire scenario, God was speaking instruction and Joshua was hearing and relaying it to the people.

Today so many voices contend for our attention. It is our spiritual life preserver to learn how to hear His voice among all the others.

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Grieving in Order to Heal

We shed our tears for a while and then began our day.

For me, it's not only about where I am today, but about how long I've been here. Unlike some illness, when we speak of ours, it's in terms of years, not days or weeks. We all suffer at its hands the loss of things undone, lives not lived, events missed and the days yet to come.

Then there are the times when an event in our lives brings up painful memories. Some even taking us back to the time that we first got sick.

We then feel as if we're right back there, in the thick of that early pain. It can be overpowering and scary. Leaving us in a state of grief.

We don't have to dwell on this grief yet we must see it, feel it, and release it, each time it comes to the surface. Otherwise, it comes back the next time, with reinforcements. Ignoring it doesn't cause it to go away. It only encourages it somehow.

My hope for us would be that through all of the griev-

ing, we'll forgive ourselves for being in this place not of our own making.

In order to move forward, we must grieve our loss or we may find ourselves stuck within the walls of our illness. So grieve, cry, release, and live the best life you can, for each day. Knowing you're not alone in your brand of sorrow.

We walk this path together in order that the journey may be a bit lighter. Healing can not begin until we let go.

Path of Chronic Illness

Walk with me?
First take my hand. We'll talk as we go.

Let's take the path less traveled. They'll be few that we know. Let's try to remember, where we first began. What were you doing? Where were you in your life? What kind of person were you? I can see you as you go.

It started so innocent. Seemed only a short jaunt. This new path that we're on, seems as some kind of a taunt.

Look behind us. Friends are lagging as we travel. They don't seem to want to go with us. We must stop working, end a career, halt our life as we go.

Do you feel afraid, unsure, confused? We're going down a winding road now. Hold my hand tightly.

Do you miss who you were? The road is a slippery slope for us now. We must cling together as we go.

See over there. The doctors, tests, medications? We'll get to know this stop well. Do you need to rest? We can stop and take it all in. Seems so unreal.

This can't be where we should be. There's hardly anyone on this part of the trail. We must move forward, somehow. Together we can go on.

We're learning as we're on this new journey. We barely recognize who we were and have forgotten where the path began.

I feel your grip stronger. You're learning to twist and turn with the path we're on. Finding your way through the weeds which have grown.

There are not many people we know with us now. They stepped off the beaten path.

You seem to be growing into your own as we walk. You understand more, feel more, care more, appreciate more. What we're leaving behind doesn't seem to be as important as what we see ahead of us.

How creative you're becoming in the way you're learning to walk. How courageous and compassionate you've become. Who is this

new you? You've found so many things inside you that you never knew were there before. Our road is still difficult, yet more passable now.

Can you see the clearing ahead? I feel your grip lessen as you learn to maneuver the winding trail. Pain, sorrow, fear, anger, they're falling away a bit now.

There's a bench at the end of the path. Let's sit a bit. You're not the same as you were. A bit worn, yet brave as well. I feel a rebuilding of your spirit. It can be seen in your smile.

There are new faces looking at us. New people who understand. I feel they'll be important for our future as we find our way. Although our journey is rocky, we're following through. This path less traveled by me and you.

Walk in the Light of Your Fearlessness

Many times we feel disconnected from everyone due to chronic illness. We can't always express how or what we feel to others. This leaves us frustrated and alone in a room filled with people. We reach deep inside to see a part of us that many people never need to find. We hold on tight to places in our mind that many people never need to go. Survival is a daily task, and peace can many times be a stranger to us.

As I think of those surviving chronic illness, I am reminded of how brave you are. You are not your illness. You are a mighty sword, of a warrior, going to battle each day for your life.

You are not your harmful thoughts, for they are imposed on your mind. Yet, as a mighty sword, you are greater than those awful thoughts that enter the mind and affect your body and life.

Together we stand, for apart we fall. We each give to the other the strength to move forward even when we would rather lie down and quit. You show your strength and courage with each breath you take, every obstacle you overcome, each time you learn new ways to cope.

You are fearless, even in your pain, for you move ever forward, in spite of it. All of your adversity has rebuilt you, mind, body and spirit.

Allow the reality of this truth to wash over you. To fill up your innermost being, bind you, hold you, carry you and settle inside you. You are heroes of a unique kind, taking a journey down a very winding road.

With uncertainty around every curve, you rise to the occasion with grace.

Walk in the light of your fearlessness, for you are the description of courage.

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“Smart Meters” ...cont'd from pg 1

Building Code Compliance

Buildings are designed for seismic activity in building codes, frequencies going through structural components and fire separations will cause molecules to polarize (change direction) 180 degrees at twice the speed of the frequencies. At 900 MHz, it equates to measurable molecular earthquakes 1.8 billion times per second. Buildings won't comply with building code and fire separations will be compromised. Here is an example of what that looks like in an insured electrical application in the infrared spectrum. http://www.thermoguy.com/pdfs/Electrical_Frequency_Problem_in_Lu_mbermill.pdf

Energy Savings

A primary consideration for installing the smart grid is to conserve energy and reduce GHG emissions. This link to heat loss from buildings shows massive energy waste in the infrared spectrum not being addressed or saved by the smart grid. <http://www.thermoguy.com/globalwarming-heatloss.html>

Urban Heat Islands are created when solar radiation (EMFs) of buildings causes them to grossly exceed building codes.

Billions of dollars of energy costs are wasted responding to the symptoms of buildings being radiated by solar EMFs. The massive energy waste is not being addressed or saved by smart meters and buildings are still super heating the atmosphere, contributing to weather severity. Air conditioning is refrigeration and using 1000s of watts of power per hour in every home responding to symptoms of the exterior solar exposure. <http://www.thermoguy.com/urbanheat.html>

Meter Accuracy, Fire Safety & Installations

There have been several complaints on the accuracy of meters regarding billing. Were the meters and wireless equipment tested for accuracy in the full load EMF of the coverage areas?

Fires in meter bases and electrical device failure inside buildings have been reported. Homeowners' meter bases and old wiring has been blamed when the electrical reality dictates otherwise. Qualified and licensed electrical contractors do not jump fences or sneak on properties to change meters under load.

Working with homeowners, not changing meters under load and maintaining or changing the meter base is the electrical reality.

Electrical equipment requires ongoing maintenance and the meter bases of homeowners have never been maintained since the installation of the original meter which may be decades. Unqualified electrical professionals aren't qualified for the scope of work without exception. Here is a link highlighting connection issues and their dangers in the infrared spectrum. http://www.thermoguy.com/pdfs/Smart_Meter_Fires_and_Installation.pdf

Adverse Health Effects

With the mechanisms reported linking the frequencies to adverse health effects and the 100s of square miles of coverage areas, deployment of wireless smart meters is very dangerous.

The mechanisms linking the frequencies to adverse health effects was reported to Health Canada and by expert witness at the request of Canadian Parliament's Standing Committee on Health October 26th, 2010.

January 8th & 9th, 2011 the dangers of wireless frequencies was lectured in medical education for CE credits required for medical licensing. The medical program is approved and recognized in North America. Wireless environments need to be considered in medical

diagnosis or related symptoms will be treated.

http://www.thermoguy.com/pdfs/Medical_Education_Letter_on_Wireless_Lectured_in_Medical_Academia.pdf

That qualifies the reporting of the American Academy of Environmental Medicine on smart meter dangers. http://www.thermoguy.com/pdfs/American_Academy_of_Environmental_Medicine_Press_Advisory_on_EMFs.pdf

Pacemakers are put in by health insurers and recipients are told to stay out of an electromagnetic fields (EMFs). The wireless coverage areas are taking the EMFs to the recipient's home where interference with the pacemaker is a reality. This is a link to an interview of a pacemaker recipient that ended up saved from smart meter frequencies until they shut off his pacemaker and he ended up in critical care. <http://youtu.be/BRDhogkdxW4>

Health monitoring equipment isn't designed to be in an EMF and the coverage areas with the missing mechanisms confirm the equipment and vulnerable patients are at incredible risk.

Lyme patients, Autism, neurological challenges and chronically ill are in extreme danger. The wireless coverage areas include

their home and opting out of smart meter programs will not keep people safe. An electromagnetic trigger can affect nerve and muscles putting vulnerable people at great risk. In 2011, the province of British Columbia reported Sudden Infant Death Syndrome was up 30% over 2010 and information was submitted to the Coroner's Office that EMFs couldn't be ruled out as a contributor to the death of vulnerable babies.

May 31, 2011 cell phone radiation was reported as "possibly" carcinogenic by the World Health Organization. If the W.H.O. had known the mechanisms linking the frequencies to adverse health effects had been reported, the frequencies would have been reported as carcinogenic.

Here is a link to testimony for the Texas Senate Committee on wireless smart meters and I refer to the coverage areas as biological killing fields radiating buildings as well as infrastructure. http://www.thermoguy.com/pdfs/Texas_Senate_Committee_Meeting_on_Smart_Meters.pdf The dangers of wireless frequencies as applied are reported as an unprecedented health and environmental emergency. We aren't insured for it and liabilities aren't considered in costs.

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Under Attack: NVIC Helps Americans Stand Up & Speak Out



by **Barbara Loe Fisher**

In 2013, the National Vaccine Information Center (NVIC) enters our fourth decade of preventing vaccine injuries and deaths through public education and defending the legal right to make voluntary vaccination decisions in America.[1]

Each year during the past 30, NVIC has become more successful in achieving our mission. With that success has come more fierce opposition by politically powerful medical trade associations and special interest groups allied with drug companies doing everything they can to censor truthful vaccine information and strip vaccine informed consent protections from public health laws.

NVIC Ranks High As Trusted Information Source

At a recent federal advisory committee meeting, we learned that public opinion surveys reveal that NVIC ranks as one of the most trusted sources of vaccine information among Americans who choose to vaccinate, and also among those who do not.[2] This means that our small charity and the well-referenced information on our website at NVIC.org is helping to inform the health decisions made by millions of Americans.

This is a huge accomplishment and it would not have been possible without 30 years of loyal support by tens of thousands of parents, grandparents, doctors, nurses and students coming from every single state and every walk of life who offer donations to NVIC every year.

No Liability for Drug Companies & Doctors

A lot of people still don't realize that Congress and the U.S. Supreme Court have completely shielded drug companies and doctors in America from product liability and malpractice lawsuits when vaccines injure or kill someone.[3] [4] But pharmaceutical corporations and medical trade groups are not satisfied with total liability protection and no accountability. They also want the power to legally force 310 million Americans to buy and use every single vaccine that Big Pharma pro-

duces and public health doctors endorse - no exceptions.

NVIC Attacked for Defending Informed Consent Rights

NVIC and our uncompromising defense of informed consent to medical risk taking, including vaccine risk taking, has stood in their way for 30 years. And that is one reason why we are witnessing vicious assaults on NVIC and courageous Americans in every state who are trying to protect their right to know and freedom to choose how they and their children will stay well.

At this time last year, NVIC was the subject of a smear campaign led by American Academy of Pediatrics officials,[5] who put pressure on Delta Airlines in a failed attempt to remove an NVIC-sponsored flu prevention video[6] from in-flight health programming.

A month later, another online disinformation campaign about NVIC was launched by forced vaccination proponents to get a 15-second NVIC-sponsored digital ad taken down from Times Square.[7] It failed and our vaccine risk awareness message was broadcast throughout the holiday season and on New Year's Eve.

Big Pharma & Doctor Groups Lobby to Eliminate Vaccine Exemptions

And this year, drug company and medical trade association lobbyists tried to persuade legislators in Vermont[8] and California[9] to remove philosophical and personal belief exemptions to vaccination from public health laws. But we fought back in both states, using our free online NVIC Advocacy Portal to empower citizens to quickly organize and electronically stay connected to their legislators and up-to-date on breaking news.

Next year, NVIC will face more censorship and well-orchestrated, well-funded assaults on vaccine exemptions in multiple states. Our parental, civil and human rights in America are in grave jeopardy. All you have to do is read the heartbreaking descriptions posted on the Cry for Vaccine Freedom Wall[10] at NVIC.org to understand how bad it is.

Health Care Workers Being Fired

Children are being denied medical care if parents ask pediatricians questions about vaccines or object to a baby being injected with eight to ten different vaccines on one day. Health care workers are being threatened and fired if they don't get an annual flu shot.

This is what one nurse posted on the Vaccine Freedom Wall:

"I have taken the flu shot in the past and had body aches for weeks afterward. I started educating myself on vaccines and haven't taken a flu shot in years. I am a nurse and love my job. I take every precaution in the interest of my patients, utilize hand washing, etc. I found out at a meeting yesterday that our organization's policy has changed and that I will have to take the flu shot or be terminated from employment. I am at a crossroads and am actually thinking about leaving a job that I love because I feel so strongly about my personal freedom."

No Vaccinations? No Prescription Medications.

Americans needing public assistance are being coerced into either getting many vaccines against their will or being cut off from prescription medications. This is what one American suffering financial hardship had to say:

"During this past recession, I had to seek medical care from the county public health program. I had high blood pressure, probably due to stress. My last and final visit to that place was to refill the [blood pressure] prescription, which was denied until I allowed myself to be injected with three vaccines: tetanus, flu and pneumococcal. At first I refused but finally consented because I was afraid of what would happen if I suddenly stopped taking the medicine. I was sick for nine days after receiving those shots. Being forced to accept vaccines under duress as an adult is a horrible feeling, a sense of loss of freedom. Using coercion by withholding medication is just plain evil."

No Vaccinations? No Medicare Benefits.

The elderly are being bullied, too. A couple on Medicare described their frightening experience:

"My wife and I are in our mid-sixties and on Medicare. We saw our primary care physician today for a routine "well care" visit and were shocked to hear what our physician for over 26 years had to tell us! The doctor made it clear that he was referring to "new" [federal health care program] mandates that, if we did not voluntarily receive the pneumonia vaccine, we would be terminated from his practice! My wife and I have never felt so violated."

Doctors Pushing More Vaccines on Vaccine Injured Children

Even parents of vac-

cine injured children are being pressured to give their children more vaccines because many liability-free doctors now feel comfortable taking a risky, one-size-fits-all approach to vaccination. Mothers are fighting back and are warning others that doctors are behaving badly and that vaccine exemptions must be protected at all costs. One mother said:

"My daughter is a proven vaccine injury of the pertussis vaccine. I urge people to please help to defend the personal belief exemption. My child almost died from vaccines and there are doctors, even most recently a neurologist whom we visited in California, who suggested that we continue the very vaccine that almost took her life. Our daughter suffered an encephalopathy, rare seizures, global developmental delays, speech delays. She is eight years old and crawls. She can't walk or ambulate alone. She has multiple chemical disorder and it causes her to have seizures. She is unable to attend public schools and we no longer have health insurance and no job due to what this vaccine damage has taken from our family. If you think doctors are going to sign the [personal belief] exemption, you are wrong. They won't."

This Mom knows first-hand that vaccine risks are greater for some than others and that, at our peril, do we give up our freedom to make personalized vaccine decisions for ourselves and our children.

Help NVIC Help Americans Stand Up & Speak Out

There is no time to waste. Now, more than ever, NVIC needs the financial resources to educate more Americans about vaccination and health and help citizens protect vaccine exemptions in the states.

During this season of thanksgiving and remembrance, please visit NVIC.org

and offer a donation - big or small - to help NVIC continue to defend parental, civil and human rights in America. What you choose to do today WILL determine what happens to you, your children, your grandchildren and everyone you love tomorrow.

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