

## New Breakthrough Study in Scalar Energy Medicine Finally Published

by Hon. Dr. Sandra Rose Michael, DNM, PhD, DCSJ

I LOVE MIRACLES! That is what excites me and has kept me going through all the challenges teaching holistic health and researching applied integrative biophysics for the last 40+ years helping people reverse their cancers, diabetes, and disease to be able to live their greatest life.

I have been so very blessed to be able to see just about anything and everything completely heal. "The Power that made the body heals the body" as I have taught how to be in greater alignment with highest potential and purpose, empowering people to make better choices in all that truly supports "best and highest"- or not. I have been globally recognized for sharing the Power of Love and Aloha, the Kahuna secret science of healing, as well as the extraordinarily effective Alignment Process™. Already working with bio and quantum physics, scalar technology, nuclear physicists, fine tuning the body as a circuitry, brain synchronization, neuro-linguistics, DNA interfacing, and the utilization of dense coherent intentional informational fields, 20 years ago I began actual creation of the highly evolved patent-pending Bio-scalar Energy Enhancement System™ design that unifies scalar energy, photonic fusion, pulsed electromagnetic fields (PEMF), and hydro-bifurcation to emulate my global healing work and consistently produce results, beginning long before the 1st actual clinical study in 2001 to present, that are quite frankly miraculous 24/7 all around the world.

What if you could have energy healing that can reverse disease and aging while you sleep? This non-invasive technology can increase cell membrane potential, reduce stress patterns and inflammation, supporting optimal brain states, repair and regeneration, elegant detoxification and true dynamic homeostasis for enhanced function and is just plain hyper-healthy. What if you could recharge every cell of your body as quickly and easily as you recharge your cell phone? The Future of Medicine is here now.

Although there are many reports of every variety of miracle, many documented cases of improvements with autism, Lyme

disease (for which a new clinical study is in progress), and so much more which can be shared. As a grandmother, I was particularly touched by this very happy mother calling to tell me that her daughter smiled at her for the first time in years and exclaiming "I have my daughter back!" after using the EESystem™. I remember my sigh of relief at the time and thinking, "It's ALL worth it...Just for this!" When I did finally meet her I suggested she please use the EESystem™ and take better care of herself as living through the stress of caring for her daughter having that many grand mal seizures every day had really taken its toll on her. Last year I found out that she had passed on suddenly. With the final publication of this peer-reviewed study, this is the story she wanted to share...

### The Mother's Story:

"I have a 5-yr old daughter with Autism/ vaccination damage/ seizure disorder and we have found a blessing in the Energy Enhancement System™. My daughter was non-verbal and having 6-8 grand mal seizures (lasting 20-40 seconds each) a day with a half-hour recovery period afterwards. At first, after the second session the seizures seemed lighter in intensity I had to and ask myself, 'Is this really happening?' 'Am I just imagining this?' After the third visit she had her first seizure free day ever and the behavior change, that I was not expecting at all, was dramatic. As it turns out we are going to the EESystem™ twice a week and her personality is coming back, she is more responsive, interactive, and alert. Her seizures have reduced to tiny partials (mostly less than a second, consistent with a head bob) that occur 1-2 times a day with NO recovery period. She is happy, laughing, and has made huge gains in school. I have tried so many remedies including purchasing a hyperbaric unit and have never experienced the results that I've seen in the past few months. I must express that I have never seen anything get results like this and I believe that if can change my life and support the healing of my daughter and my family that it can certainly change yours!" ~ Vicky: Using an 8-unit EESystem at the CAM Clinic at the University of Hawaii Medical School

**The Peer-Reviewed Study Spear-headed by Acclaimed Dr. Terry Shintani and Published in the *Journal of Neurology Research: Scalar Field Therapy and Mitigation of Seizure Disorder: A Case Report* Department of Complementary and Alternative Medicine, John A. Burns School of Medicine, 651 Ilalo St. MEB, Honolulu, HI 96813, USA**

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### Abstract

This case report describes the use of scalar field therapy in the mitigation of seizures in an autistic child. The patient is a 4-yr-10-mo-old girl with a 3 year history of seizure disorder and autism. She presents with a long history of a series of 6 to 8 tonic-clonic seizures on a daily basis, each lasting approximately 10 to 20 seconds long. After a series of treatments in the scalar field, her seizures were reduced to 4 to 5 partial seizures of just 1 to 2 seconds in duration. The reduction in number and duration of seizures in this case suggests that the use of scalar field therapy in the treatment of seizure disorder should be further explored. Of great importance is the potential for controlling seizures while minimizing the use of pharmaceuticals that are often debilitating and have numerous negative side effects.

### Introduction

This case report describes the non-pharmaceutical reduction of seizures associated with the use of scalar field therapy in a 4-year old child with seizure disorder and autism. Seizure disorder prevalence is estimated at 350/100,000 or 2-3% in children [1]. Seizure disorders in children with autism have high comorbidity, up to 38%. Autistic children have a bimodal onset of epilepsy with the first peak before 5 years old and a second peak during adolescence. Seizures are much more frequent with mental retardation, and more extensive with severe mental retardation and cerebral palsy. Seizures may also contribute to autistic regression [2]. Its impact on a family can be devastating as the affected person may require



**Hon. Dr. Sandra Rose Michael, DNM, PhD, DCSJ**

round-the-clock surveillance and care for years. Currently, the treatment approaches to seizure disorder include primarily pharmacological intervention along with dietary intervention and various surgical and physical/electronic device interventions [3]. While pharmacological intervention has had some success in managing seizure disorder, for many patients, the side effects of the pharmaceuticals such as somnolence, fatigue, depression, and cognitive effects are problematic especially for an autistic child [4]. For this reason, any non-invasive non-pharmacological approach that shows promise is an attractive adjunct to therapy and is worth investigating.

### Case Report

The patient is a 4-yr-10-mo-old Polynesian, Caucasian, Asian female with a 3 year history of seizure disorder and autism. She was diagnosed by her Pediatric Neurologist. Her mental age was estimated to be at the 2 year old level. She presents with a continued series of 6 to 8 tonic-clonic seizures on a daily basis, each lasting approximately 10 to 20 seconds long as well as 8 to 12 partial or atonic seizures lasting 1 to 2 seconds long for 3 years. She was on lamictal and miclelene at times caused excessive sedation. Her parents seek a way to reduce the need for medication while also reducing and controlling her seizures. History of present illness The patient had a normal

gestation and a term vaginal birth that was uneventful. She met her developmental milestones ahead of schedule, sitting at 7 months and walking at 10 months. She appeared to develop normally until she was approximately one-year-old. In retrospect, it was noted that after one-year of age, she gradually regressed and became withdrawn and introverted, becoming less responsive to social interaction.

At about age 23 months, her mother noticed one or two second "head bobs" or brief periods of unresponsiveness or breaks in consciousness. These periods became more and more frequent and the patient was taken to a pediatric neurologist. The neurologist diagnosed absence seizures and prescribed tegretol. Two months later, the patient suffered a tonic-clonic seizure lasting approximately 3 minutes. Medication was adjusted but while duration of the seizures were shorter, seizure frequency increased over the next year. She also began to experience "drop" episodes when patient would collapse and be unresponsive for a few seconds. Over the next year, she was placed on topamax, keppra, lamictal, and miclelene. The patient stabilized with grand mal seizures 6 to 8 times per day, each lasting 10 to 20 seconds in duration.

At the time of the beginning of the EES treatment, she had not had a seizure-free day in two years.

**"Scalar" ...cont'd pg 3**

# Inanna House: A New and Greatly Anticipated Hope For All Lyme Patients

by Sarah Lamando

You may or may not have heard about it, but there has recently been quite a stir within the Lyme Community regarding an organization called "Inanna House," one that is giving them something they haven't seen in years...hope. Inanna House is an organization that intends on building the very first inpatient, residential, holistic recovery center for Chronic Lyme Disease patients. The program would include all worlds of medicine, and is designed to address every aspect of healing; mind, body and spirit.

**Some of the Highlights of this visionary center include:**

- ❖ A \$20 million dollar Endowment Fund continuously maintained for individuals who can't pay for treatment but desperately need it.
- ❖ Fees based on a sliding scale, and a "Give Back" Program so that those who have received treatment and recovered have the opportunity to come back and help give patients who are currently being treated hope, guidance, and support.
- ❖ A Program specifically

designed to help care-takers understand exactly what their loved ones are going through, and how Lyme disease and its co-infections are affecting them. This program will also give specific instructions so that care-takers will know how they can help their loved ones recover.

- ❖ The Center intends to incorporate Green Energy to help run the facility and make it as self-sustainable as possible. This will not only be good for the environment, but will also lower overhead cost, and thus, patient fees.
- ❖ 24 Hour Care and monitoring by Lyme Literate Healthcare Professionals as patients undergo individualized treatment plans to achieve optimal re-integration and healing.
- ❖ An in-house organic garden big enough to feed all residents and provide patients with a necessary "Clean, Alkaline Diet" to aid them in their recovery.
- ❖ A retreat -style center with 24 private rooms with baths for in-patient stay, built on 14-15 acres of viable land.

To learn more about what other amazing features

and specific therapies the center intends on offering, please visit their website at: <http://www.inannahouse.org/our-vision.html>  
The conception of such a place could only have come from someone who has witnessed the devastation, financial ruin, and complete abandonment by the current healthcare system regarding the treatment of anyone who has been caught in the middle of this current medical nightmare, especially since it happened to her own daughter. Her name is Mara Williams, author of the book, "Nature's Dirty Needle" and Certified Nurse Practitioner with over 30 years of experience as a health-care provider. So shocked at what she and her daughter had to go through in order to receive proper treatment, that she courageously decided it was simply unacceptable, and has ever since been fighting to see her vision for this unparalleled center be built. She is adamant in her belief that the current healthcare system is "broken," possibly beyond repair, and that a "New Paradigm" is desperately needed. Her center will be the first of many to model this new paradigm as she intends to have numerous centers all over the country, the first to be

built in Sonoma, California. Currently, a campaign is being held on [indiegogo.com](http://indiegogo.com), created by a single Chronic Lyme Disease Patient, Sarah Lamando, who after helplessly watching her family be torn apart over her illness, chose this organization because she knows that although she could not prevent it from happening to her, Inanna House might be able to prevent it from happening to others. She believes in Mara's vision SO strongly that she has tirelessly attempted to raise funds that would literally expedite the creation of this center, and bring it one step closer to a sorely needed reality. To view the campaign, please visit <http://indiegogo.com/InannaHouse>  
ANY contributions towards this cause would be much appreciated. Even those who cannot contribute, can still help make the campaign a success by sharing it with others through social medias or by direct e-mails. If successful, Inanna House would gain global exposure and media attention which could only further accelerate the building process of this amazing center.

pha

# Sitacise: New Book Proves that Children around the World are Sitting on Answer to Obesity Epidemic

Mark and Kathy Brown have a simple message to the world: *anywhere you sit is a place to get fit. In fact, their 'Sitacise' concept has become so popular that the couple have now released a book that could provide the solution to America's obesity crisis.*

**Cleveland, OH –**

Transitioning from slouch to slender conjures images of near-death gym workouts, six a.m. uphill runs and pumping iron until the muscles almost explode. However, one Ohio couple are now proving that getting fit doesn't even require the trainee to get up out of their chair. Following booming popularity and a cult following, the couple today announce a new book centered on their 'Sitacise' concept.

'Sitacise! Just Sit & Get Fit!' is slowly changing the way the world works out and gets healthy. Boasting a myriad of exercises that can be done in someone's favorite comfy chair, the concept is naturally proving extremely popular.

"The Sitacise book shows the 6 major diseases and the 6 major injuries idle sitting causes, and how to avoid them. It shows movements that can be performed anywhere and at any time,

especially in a chair, seat or couch. The movements are easy and fun and the kids love them," says Mark Brown, who boasts over forty years of personal training experience (including training a number of Olympic Gold Medalists).

He continues, "They do them while they are in class without having to go to gym class or recess. They do them during the course of the day even when they are at home on their computer, watching TV or just hanging out with friends. Most of all, Sitacise keeps them active." The Sitacise program is based on the concept of "Inactivity Physiology and the NEAT or Non Exercise Activity Thermogenesis studies". Inactivity Physiology studies the effects of idle sitting on the body and its dangers. For example, sitting for just six accumulative hours in a day increases the risk of heart disease by over 54%. NEAT is the study of the way the body burns calories while doing other activities except exercise.

"We combined these studies along with our experience in other forms of fitness and exercise and created Sitacise. We made sure that Sitacise was easy on the joints and effective for muscle toning and fat burning," Brown adds.

Aside from their new book, the couple has released a string of successful Sitacise-centric products. Ranging from exercises that can be performed at work to a DVD dedicated to seniors, the concept itself can be applied to people from all walks of life. Around two million Americans each year die from preventable diseases, something the Browns are keen to change.

"Even if we work out for 1-2 hours per day but still idly sit, the risks are still there. This is so dangerous because most people don't even know it. Our population sits on average of 12 hours per day. We have children sitting in school, at home watching TV on the computer," says Kathy Brown.

She adds, "The only way to change the statistics is to accept that people, due to the structure of modern day life, will spend extended hours sitting. What we have done is to then take this unchangeable facet and create a workout program around it. The result is that, even while sitting, people now have a great way to exercise, get fit and improve their life immeasurably."

All Sitacise products are available for download to iPod, Kindle and a myriad of other tablets and devices. For more information, and to



take advantage of many select 50% discounts, please visit the website at: <http://www.sitacise.com>

**About the Authors:**

Mark & Kathy Brown are master & certified personal trainers respectively. They have trained with Olympic Gold Medalists, pro football & basketball players, pro boxers, & world class sprinters. They have created fitness program, written books & produced DVD's on fitness. They have led many fitness classes & have developed & work with youth fitness programs. They have been involved in fitness over a combined 73 years. They also lecture on fitness & exercise.

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## Public Health Alert

The PHA is committed to researching and investigating Lyme Disease and other chronic illnesses in the United States. We have joined our forces with local and nationwide support group leaders. These groups include the chronic illnesses of Multiple Sclerosis, Lou Gehrig's Disease (ALS), Lupus, Chronic Fatigue, Fibromyalgia, Heart Disease, Cancer and various other illnesses of unknown origins.

PHA seeks to bring information and awareness about these illnesses to the public's attention. We seek to make sure that anyone struggling with these diseases has proper support emotionally, physically, spiritually and medically.

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“Scalar” ...cont’d from pg 1

The pattern of 6 to 8 seizures per day had persisted for a period of approximately 1 year prior to first presentation.

Her mother stated, "on a good day, she would have about 2 - 3 "grand mals" daily, and 8 - 10 "drop" seizures lasting 1 to 2 seconds before using the scalar field therapy."

**Physical Exam**

On initial examination, patient was in a stroller and non-communicative. Eye contact was present only upon repeated request from her mother and only for a few seconds. She was observed to be looking randomly moving about the room or focused on an object of interest. She was found to be alert but oriented to person but not time or place. She appeared to have normal movement and was able to handle toys and have reasonable eye-hand coordination. She responded to commands only after repeated requests by her mother.

**Therapy**

The therapy consisted of the patient being placed for one or two hour sessions in the scalar field generated by the EESystem (EES) manufactured by Energy Enhancement System, LLC. The patient was accompanied by and supervised by her mother and received two to three scalar field sessions per week. During the sessions, the patient sat in her stroller or on the floor or lay down on a massage table. She was allowed to play with toys, move about within the room, sleep and eat or drink as necessary. There was no equipment or supplies that touch the patient during the treatment. Patient's mother was asked to keep a log of seizures one week prior to the therapy and to continue keeping a log to see if there was any difference in number or duration of seizures. Scalar fields were first described by James Clerk Maxwell in the mid-1800's and further explored by Nikola Tesla, the father of the alternating current system widely in use today. The definition of scalar quantities are those that are fully described by a magnitude (or numerical value) alone. Vector quantities are those that are fully described by both a magnitude and a direction. Electromagnetic fields are vector quantities which have both magnitude and direction such as pointing north or south. So, by definition, scalar energy fields are distinguished from ordinary electromagnetic fields in that have they have energy but no directional component.

The EES is described to be a "scalar field" generating system that is composed of 4 or more scalar field generators, each resembling a computer with a monitor screen. They are set up in diametrically opposed pairs around the corners of a room. Conceptually it is somewhat akin to the use of pulsed electromagnetic fre-

quencies for bone healing. However, this system apparently cancels electromagnetic fields in the chamber by having each opposing generator send identical signals towards each other which negates each other's directional component. This purportedly allows the remaining energy to exist as a scalar field.

**Mechanism**

Scalar fields have been reportedly used for healing since the 1960's by various proponents using various different scalar field generators [5]. The scalar field purportedly enhances the metabolism of the cell by being set to pulse at a frequency harmonious to living cells and restores optimal potential difference between the inside and the outside of each cell. This in turn would help the cells to function optimally, eliminate toxins more efficiently and repair itself more quickly.

Studies on its effect on healing suggest that there is a very real neurological effect on meditation and antidepressant medication [6]. A Stanford researcher published data that suggests that scalar fields can cause a reduction in noradrenaline reuptake [7]. This is similar to the action of some antidepressant medications. Unpublished reports have shown dark-field microscopy photographs of blood cells showing a remarkable reduction of rouleaux formation after one hour exposure to the EES suggesting that it may reduce blood viscosity. Reports from an oncologist using the EES suggests that there may be a detoxification effect that may be occurring as well.

**Outcome**

On the week prior to treatment, patient's seizure log indicated 6 to 10 seizures per day of 5 to 20 second duration. After the second treatment, patient's mother noted a reduction in the number and duration of seizures. After the third treatment (day 4 since the beginning of treatment) the patient had a seizure-free day for the first time in a year and a half according to her mother. She continued with two to three treatments per week, each lasting two hours long with the number and duration of the seizures gradually diminishing (Fig. 1).

On day 13, two days after her 5th treatment, she had just two seizures, a one-second partial seizure and an unusually long 45 second tonic-clonic seizure. Thereafter, the duration of the seizures diminished to 1 or 2 second partial seizures. The number of these tonic-clonic seizures declined to less than one per week with only the occurrence of 2 to 6 partial or atonic seizures of short duration. During the course of treatment and thereafter, there was no change in her medication. No adverse side-effects were observed. Six months later, she typically had no tonic-

clonic seizures and just 4 to 5 partial or atonic seizures per day, each lasting no more than 1 to 2 seconds.

**Discussion**

The patient's improvement associated with the therapy is substantial and remarkable. Going from 6 to 8 generalized tonic-clonic seizures per day, to virtually none in a period of a few weeks is quite remarkable especially when one considers that there was no change in medication. Certainly this is not a cure, as she presently has a number of 1 to 2 second partial or atonic seizures per day, and she is still on prescription medication. It is possible that the reduction in seizures may be a coincidental reduction as the patient ages and myelination progresses. However, there is unlikely to be a spontaneous remission in this child who has already been documented to have autism and intractable seizures with medication [8]. Moreover, placebo effect is unlikely in a child who is unaware of the treatment. These considerations and the sudden and sustained drop in number of seizures suggests strongly that the scalar field treatments are causing this improvement.

The mitigation of seizure disorder through the use of the EES may be due to its apparent effect on neuronal function or through its effect on blood circulation or other cellular effects. The in vitro finding of the effect of scalar fields on noradrenaline uptake could explain a change in seizure threshold, for example. These mechanisms along with other possible mechanisms should be tested because of their potential for treatment in seizures and other related diseases.

**Conclusion**

This case study suggests that the scalar field therapy delivered by the EES reduced the number and severity of seizures in this child without adding medication. It remains to be seen if scalar field therapy will achieve similar outcomes in other children and whether the effect is long-standing. It also remains to be seen if the improvement is substantial enough to reduce the need for medication.

This promising case makes it important that more studies should be conducted to study innovative scalar field treatments. Studies should be done to: 1) explore in a double blind study the relationship between the therapy and the outcome, 2) define the mechanism of the anti-seizure effect, 3) define the long term results of treatment, 4) document whether any adverse side effects may result, and 5) explore any other conditions that may be remediated with scalar field therapy.

**Conflict of Interest**

Dr. Apau-Ludlum and Dr. Harrigan have no con-

flict of interest to report. The second author, Terry Shintani, MD, JD, MPH set up an LLC which he controls for the purpose of holding the Energy Enhancement System scalar field generator for limitation of liability purposes and to pay for the operation of the System and related expenses. He receives no pay from the LLC.

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None.

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This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. I am very blessed to be able to work with such a great soul as Dr. Terry Shintani. Beware of unproven, unauthorized imitations of our EESystem that cannot and will not ever produce a true bio-scalar environment or the miraculous results achieved.

**Dr. Sandra Rose Michael, Ph.D, DNM, DCSJ**

Hon. Dr. Michael is the inventor of the groundbreaking healing technology the EESystem™ creating bio-active fields for cellular regeneration. With her frequent TV and radio interviews, her EESystem has received global coverage on CNN, Fox News, "The

Doctors", Alhurra TV and in The Wall Street Journal and Beverly Hills Times and was awarded 'Qi Technology of the Year' 2008 World QiGong /TCM Congress as the 1st technology to truly regenerate Source Qi.

Hon. Dr. Michael has received numerous scientific awards including from the Prime Ministry of Turkey, the World Summit on Integral Medicine, World Congress for Integrative Medicines, has served as Senior Director of Energy Medicine for Open International University for Complementary Medicine-USA, and is a member of the Scientific Council for National BioScience-Europe. Dr. Michael, who has received a Medal of Honor at the World Summit on Integral Medicine, has also served as Ambassador for the World Organization of Natural Medicine.

Dr. Michael is on the PBS Advisory Board for Alternative Medicine, the Global Advisory Board for Medical Safety Solutions, and was appointed Senior Director of Energy Medicine for the Global Foundation for Integrative Medicines. Defying the laws of physics, the EESystem is a quantum physics phenomenon that has had miraculous results with Diabetes, Strokes, Cancer, Autism and Infertility through improving physical, mental and emotional balance, health and performance.

She is faculty for the federally and internationally accredited Institute of Energy Wellness Studies in Canada and has lectured at Mt. Sinai, University of Panama and many other medical schools, Royal Society of Medicine, The Harvard Club, UN Roundtable, anti-aging, health and medical conferences, and Ministries of Health around the world. Dr. Michael represents a new nation, the Republic of New Lemuria, as Minister of Health.

**Dr. Terry Shintani, MD, JD, MPH, KSJ**

Dr. Terry Shintani, Health Innovator, famous author of 'The Hawaii Diet,' Professor and Associate Chair of CAM at the University of Hawaii Medical School, has documented results of the EESystem and its direct effect on improving health, longevity and performance and has recently presented his findings for Prof. Shirasawa, MD, of Juntendo University at the Yufuin International Summit on Anti-Aging Medicine.

With a Master's Degree in nutrition from Harvard University and Medical and Law Degrees from the University of Hawaii, he is Board Certified in Preventive Medicine. He has also published 10 books with 500,000 books in print.

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## Dr. Ravi Paneri and the future of Ayurveda Medicine



by Dottie Ianni

Recently I called a fellow advocate and asked them if they could refer me to a doctor in southern Illinois or the surrounding area. I had gotten a call from an elderly woman in the middle of the night and she was crying. She told me she lived in a town nearby and at one time she was diagnosed with Lyme disease. She told me her doctor said it was all gone by now, but I am still so sick, I know it has returned. I need to go back on antibiotics and I cannot find a doctor who will do this for me.

The advocate's reply to me was, "I'm sorry, I will not be able to sleep at night sending you to a doctor who gives out antibiotics for this. Sorry I cannot help you." I had forgotten this advocate was from Arizona where they have many holistic doctors who treat Lyme and co-infections. I really had no alternative but to call the woman back and tell her there is no help in southern Illinois, BUT all that has changed now and we have a holistic doctor coming to our area!

Ayurveda (pronounced eye-yur-VAY-dah) medicine has been around for over the past 5000 years from the east. Used primarily in India, like Chinese traditional medicine of old, it uses the "whole medical system", meaning that it is based on methods of prevention and treatment of the patient's whole health and body conditions.

Wow, now there's a real concept we do not see in western mainstream medicine! We all know most medical doctors in the west use a plethora of "big pharma" pills that have horrific side effects as band-aids, as they never really "cure" a thing. They just keep the affliction,

at bay or the sickness worsens or worst case scenario the patient dies.

My journey with Lyme disease and Rocky Mt. Spotted Fever has not been an easy one, and certainly this is the status quo when it comes to being infected with any nasty bacterium or virus. As many of you know, my beloved doctor Edwin J. Masters passed away leaving me with very little choices to treat Lyme disease and Rocky Mt. Spotted Fever as a result from a tick bite.

After careful thought, and a lot of research, I found an article on pub med, which used melittin, (bee venom) to irradiate *B. burgdorferi*. I interviewed the researcher and the interview was published in several newspapers and a magazine and titled, "To Bee or Not to Bee." You can also find it on the Illinois Lyme Disease Network site as well. Upon learning that bee venom really does kill the bacteria, I became the petri dish and used this method to heal my body and kill the borrelia that was killing me.

As I researched using bee venom to treat the Lyme, I discovered that Dr. Dietrich Klinghardt, a LLMD from the Seattle Washington area, used actual bee stings to diminish his patients' symptoms. But I was in so much pain on a daily basis that I was not going to use actual bee stings, so I found a company in New Zealand that makes bee stings available in honey and I found a distributor right here in the states where I could get this from.

They actually use Manuka honey in the hospitals in the UK for wound care, as it is a natural antibiotic. It is proven to kill the MRSA and MRSA in biofilm form. So I asked myself, "what do I have to lose?" Lyme and its complications are surely going to kill me. It worked and now 3+ years later, I am symptom-free from Lyme disease and Rocky Mt. Spotted Fever!

Candida was a big factor in my recovery, as that test came back "negative" just like the Lyme test did. I went from 130 pounds to almost 400 pounds in a matter of 2 years! My friend kept telling me I had Candida, but not until I went on a strict candida diet did I lose the weight.

Healing our bodies naturally is so much better. I really do believe that the antibiotic I was on for 4 years straight was keeping the bacteria hidden until I went off of them, and I was totally sick all over again. I believe that the antibiotics just bought me time, so I could figure out how to really kill this monster that was killing me. I am not saying that the method I used to kill the borrelia will work for everyone because we are so different, but what do you have to lose really?

Now that I have recovered from Lyme and Rocky Mt. Spotted Fever I have not had to reach for the honey jar for over a year. Do I think I am cured from Lyme disease, probably not as Lyme disease is in the relapsing fever category in the taxonomy database. But, I can maintain my immune system so I will not have any more symptoms.

Maintaining our immune systems is so hard today with all impurities being thrown at it from the water we drink to the air we breathe. So this is why my friend and I are teaming up with an Ayurvedic doctor who treats holistically for many diseases. For a full list, but not limited to these illnesses, go to <http://www.drpaneri.com>.

Dr. Ravi Paneri is from Ahmadabad, Gujarat, India where his renowned Sharma Clinic has been treating and curing people around the world from many ailments the natural organic way. Dr. Ravi started his apprenticeship in Ayurvedic medicine at the age of twelve and his success rate in treating Parkinson's along with so many "incurable" diseases is at an alarming success rate. One could say he "cures the incurable."

We are so proud to bring the science of Ayurveda medicine to the St. Louis Missouri area. So many Americans today are disillusioned by the mainstream medical establishment and more and more patients are seeking alternative methods to treat for their illnesses. Ayurveda medicine is no stranger to Illinois as there are two doctors in Chicagoland area. This can be set up in any state, just find out the regulations for your state and county.

We chose the name K.A.R.E™ for our clinic and it stands for Karma Ayurveda Retreat & Energize. We all agreed that this name was perfect, because as individuals coming together, we truly cared about helping others, especially those who are in pain and who are suffering. We totally KARE about the whole "you", mind, body and spirit.

Ayurveda is actually a science and art of holistic healing with natural organic herbs based on the patient's needs and their doshas. I will go into further detail about doshas a little later. It has only been in the last decade or so we have been exposed to such a pearl mainly because of the work of a wonderful doctor named Deepak Chopra, M.D., a physician who combines western medicine with Ayurveda.

An initial consultation with an Ayurvedic doctor may last several hours as they ask you detailed questions about your lifestyle, diet and general health. Usually then the practitioner will examine your tongue and take your pulse. Ayurvedic medicine uses 12 different pulse points, whereas western medicine only uses several.

The nails, skin, lips, and eyes are also observed, evaluated and recorded. Every minute detail about you is in the doctor's chart and at his disposal when needed. After the assessment, the practitioner methodically determines an individual's unique balance of metabolic types they call doshas.

One dosha usually outweighs the others and is usually imbalanced because of poor diet and unhealthy habits. Americans have the unhealthiest diets due to the many preservatives, chemicals and GMO seeds found in our menus.

Ayurveda medicine believes everything is composed of five elements: air, water, fire, earth, and space. These elements combine to form the three doshas, Vata ("that which blows"), Kapha ("that which sticks"), and Pitta ("that which burns"), just think of them as metabolic types. In Ayurveda, doshas make up our individual differences between each other, making us unique.

**Vata:** Governs bodily functions concerned with movement.

**Pitta:** Governs bodily functions concerned with heat, metabolism, and energy production

**Kapha:** Governs bodily functions concerned with physical structure, and fluid balance

Please welcome Dr. Ravi Paneri. He comes from a long line of healers. He is the 6th generation of doctors in his family. It was incredible when I thought of the magnitude of people they have helped over those years regain their health! It is like he has been predestined genetically to help and heal others ~ what a gift to be blessed with, so very nice. We are so very blessed to have the honor to work beside such a man.

In wanting to tell you more about the doctor and learn more about this science he graciously granted me an interview. I thought it would be a great way to show you what kind of a person the doctor really is. He is very humble, to say the least.

**Interviewer:** Doctor Paneri, so nice to meet you and thank you so much for granting my request for an interview. I believe that with our current state of affairs with medical decay and failure in America, more and more people would benefit from your herbal remedies. I saw your data and positive results with Parkinson's disease patients being your primary focus.

I also saw that your clinic has positive results from an array of different autoimmune diseases with a joyful success rate, such as 95% as well and I believe and the clinic has helped a lot of people regain their health. You must be very proud of that. Please tell us about your practice and how it works.

**Dr. Ravi:** It's nice to meet you as well and blessed to be interviewed by you. I follow Ayurvedic principle and stick to Authentic Ayurveda practice. Please, call me Ravi. (Robbie)

**Interviewer:** Please tell us about your protocol, herbs, and farm.

*"Ravi" ...cont'd pg 5*

## Texas Lyme Disease Association Honors Pioneers in Lyme Treatment

by Harriet L. Bishop

The Texas Lyme Disease Association (TXLDA) honored Dr. Charles Ray Jones and Dr. Daniel Cameron for their pioneering work in Lyme disease and for their compassionate care of Texas patients at their first major fundraiser, a gala luncheon at the River Oaks Country Club in Houston on May 10.

The mood was festive and spirited as 330 guests gathered at tables laid attractively with cloths in shades of Lyme green with matching floral arrangements popped into authentic cowboy boots to carry out the luncheon's theme "Give Lyme the Boot!"

The program opened with clips from the Lyme documentary "Under Our Skin" filmed by Andy

Abrahamson Wilson followed by remarks from Dr. Cameron and Dr. Jones as they received their plaques. Dr. Jonathan Forester of Pineville, Louisiana, though he could not be present, was similarly honored.

Dr. Jones delivered the keynote address which revealed the depth of his years of experience successfully treating children with Lyme disease. Guests also

viewed two new films commissioned by TXLDA, one a public service announcement which can be seen on YouTube, and the other a short documentary highlighting Texans' experience with Lyme disease. Both films were produced by Anita Long of Long Films Studio, Houston.

Lucky guests were winners of attractive raffle items, and all joined

Alexandra Nicole Marosis in singing "Deep in the Heart of Texas" for a rousing finish to a successful event.

TXLDA's next fundraiser will be the "Give Lyme the Boot!" Walk on Saturday, March 2, 2013 at Houston's Discovery Green. Mark your calendars, and come to Texas!

*pha*

“Ravi” ...cont’d from pg 4

**Dr. Ravi:** My protocols are based on Authentic Ayurvedic approach to treat any disease or illness. This means more than focusing on disease or naming the illness, I rather try to bring balance of Tridosha which bring out illness or symptoms if they are imbalanced. The cost varies from herbs and the different diseases a patient may have. I have patients all over the globe. They can visit me in India; I can visit them by internet email and over Skype, and now at the K.A.R.E™ Retreat located in southern Illinois. I will be there 2 times a year for a 2-week stay to see patients.

**Interviewer:** On a more personal note and to get the readers to know you a little better, do you mind answering some general life questions?

**Dr. Ravi:** Of course not, go ahead, ask.

**Q.** Have you made any mistakes that helped or hurt you in a way that you would like to share?

**Dr. Ravi:** Yes, as an ordinary human being, I have had made mistakes which rather than hurting has helped me more becoming a better human being and better person.

**Q.** Do you have any special or important dates that mean something to you?

**Dr. Ravi:** Yes, mine and my close ones birthdates.

**Q.** Are you religious or have a religion?

**Dr. Ravi:** Yes, I am Hindu by religion, but more I am spiritual.

**Q.** If I may ask, what are some things that you want out of life? Like your career, marriage, education, relationships with anyone?

**Dr. Ravi:** In time, these things have and will all come to me.

**Q.** What are some qualities that you value in a person? Example: like honesty, trustworthiness, caring, respectful, etc.

**Dr. Ravi:** To be caring, respectful, but above all mentioned, honesty is most important.

**Q.** What inspires you to do good works?

**Dr. Ravi:** God.

**Q.** Where did you grow up and what was it like?

**Dr. Ravi:** I grew up in the city Ahmedabad, Gujarat

India. It's a city that never sleeps.

**Q.** Describe your parents, what are they like?

**Dr. Ravi:** Amazing, I am so blessed to have taken their shelter and knowing them as my parents.

**Q.** Do you have any siblings, and are they in the medical field? How's your relationship with family members?

**Dr. Ravi:** I have one brother who is a Cyber Lawyer and we have a great relationship. He made me an uncle not too long ago!

**Q.** Describe your grandparents, what are they like?

**Dr. Ravi:** My grandfather has always been my SUPER HERO. I adore him so much it's a pity that I could not have spent more time with him. I always pray to him before seeing patients.

**Q.** Is there anything in particular that you wish you could do over?

**Dr. Ravi:** I wish I could have been a pilot.

**Q.** What things do you find yourself doing that you said you'd never do?

**Dr. Ravi:** To become over-

stressed with work.

**Q.** Tell me a time in your life that was a time you'll never forget?

**Dr. Ravi:** It is going on now!

**Q.** After all your family has to be proud of, what is something that you're really proud of and why?

**Dr. Ravi:** That my patients they come to me with so much hope, I keep alive their hope and don't let them down.

**Q.** What are some goals you're still trying to accomplish?

**Dr. Ravi:** Bringing Ayurvedic awareness to every individual around the globe.

**Q.** Any nicknames you go by?

**Dr. Ravi:** ALOO, which means potato. When I was born I was heaviest in my whole family and have been so far... hahaha

**Q.** What are you scared of?

**Dr. Ravi:** The loss of anything.

**Q.** What activities did you enjoy in school?

**Dr. Ravi:** Playing with my friends.

**Q.** If you could change one thing about yourself, what would it be?

**Dr. Ravi:** I would not change a thing.

**Q.** How would your friends describe you?

**Dr. Ravi:** Jetsetter.

**Q.** What do you do with your spare time?

**Dr. Ravi:** Don't have much or otherwise more in research.

**Q.** What is the most important event that has occurred to you in the last five years?

**Dr. Ravi:** I am blessed with travelling around the globe, helping others recover from diseases.

**Q.** What would you do on a perfect day?

**Dr. Ravi:** Work.

**Q.** What are your best attributes?

**Dr. Ravi:** My smile and my eyes.

**Q.** What is your greatest fault?

“Ravi” ...cont’d pg 6

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## “Ravi” ...cont'd from pg 5

**Dr. Ravi:** I am not able to spend enough time in GYM!

**Q.** As a child, did you have pets? Were any special to you? Do you have any pets now?

**Dr. Ravi:** Yes I love dogs and in childhood I had dog named Alice. She was Doberman breed. Now I have one Labrador male name Joy and one female pug name Snoopy.

**Q.** Did you attend church or religious services?

**Dr. Ravi:** I recently attended church in May in Innsbruck Austria.

**Q.** Take a look back at your life, how do you want to be remembered?

**Dr. Ravi:** Best phase is now and happy to be in this phase. Most people in America have just not figured out big pharma is behind the band-aid western doctors are using; believe that the western doctors are basically gods. Some just cannot or will not think out of the box and only believe in western medicine and think you are not a "real doctor" because you were not trained in the U.S or use pharmaceuticals.

**Q.** Would you please tell us about your medical background and how long you have studied medicine and please share your credentials with us?

**Dr. Ravi:**

(a) Well they are doing their job and I am doing mine! I am born in family of Ayurvedic lineage where I am 6th generation Ayurvedic doctor and have been active in clinic since age of 12.

(b) Have studied Diploma in Ayurveda and Yoga, Bachelors in Alternative medicine and Homeopathy and Proficiency in Ayurvedic medicine. I started medical college at age of 17.

**Q.** Can you explain the Ayurveda science to our readers in your own words?

**Dr. Ravi:** Ayurveda is the system of traditional medicine in India. It is based on many centuries of experience in medical practice, handed down through generations. Composed of two Sanskrit words, "Ayu" or life, and "Veda" or knowledge, Ayurveda is regarded as "The Science of Life" and the practice involves the care of physical, mental and spiritual health of human beings. I eat, breathe and see Ayurveda.

**Q.** Can you tell us a little about your beautiful family of healers?

**Dr. Ravi:**

Mr Khublilalji Sharma started Sharma clinic in Ahmedabad in 1916 then was carried on by my

Great-grandfather Rajvaidya (Royal medical practitioner) Bhavanishanker Paneri who was Ayurvedic doctor, then my father Dr Mukesh Paneri who is internationally famous and now I am carrying on further.

**Q.** How long have you known that you had this special gift and talent of wanting to help others heal naturally? Do you think you're special?

**Dr. Ravi:** Every Individual is special in their own way. It's been 28 years now that I know I am special.

**Q.** Since you were raised with Ayurveda medicines have you ever been sick or had an operation?

**Dr. Ravi:** No, I never had any operation and yes, as an Human being I did feel sick but I follow Ayurveda which keeps me healthy and I do not take any medication for any illness.

**Q.** What you say about operations? Do people ever need them?

**Dr. Ravi:** Of course if it's surgical condition then there is but Ayurveda does help in few cases where operation can be avoided.

**Q.** Do you say that the patients are "cured" after your medicines, or do they have to come back for other post medical tune-ups?

**Dr. Ravi:** Well, cure is a very controversial term however, there are patients I can say cured. But more than cure we focus on creating Balance in Ayurveda so if a person lives according to Ayurveda then no but if not then yes.

**Q.** What do you think about western medicine?

**Dr. Ravi:** No comments.

**Q.** What is your success rate on an average of people you have treated and do your medicines work for everyone? Do you have a specialty?

**Dr. Ravi:** More than 80 percent but mostly based on different criteria like stage of disease, patient's mental condition, following of diet and regimen, Positive thinking and other factors.

**Q.** What are some of the diseases you have made people well from?

**Dr. Ravi:** Autism, Parkinson, Ulcerative colitis, Arthritis, Psoriasis, Eczema, Hair fall, Weight loss, Thyroid imbalance, Migraines, Cough and Cold, Leukoplakia, Pemphigus, Chronic stomach ailments and many more. However, as I said we bring balance of doshas in the body and that's how we treat any illness rather than focusing on single symptoms or naming disease.

**Q.** Is there any disease you do not treat and if so why?

**Dr. Ravi:** Well I am not God.

**Q.** Have you treated HIV or AIDS patients?

**Dr. Ravi:** No.

**Q.** Is there any sickness you have not been able to "cure" or maintain?

**Dr. Ravi:** Blood cancer, Aids, Muscular dystrophy, multiple cancers, but I am in research.

**Q.** Has anyone died in your care?

**Dr. Ravi:** Never.

**Q.** What about prenatal? Do you treat such?

**Dr. Ravi:** No, I only advise diet and life style according to Ayurveda.

**Q.** Could you explain how your office works, give us a sort of guidance for new patients?

**Dr. Ravi:** Waking up at 5 am then Exercise, Yoga and Meditation, then Prayers. I then make herbs as I use my own prepared herbs. 9 30 AM to 12 30 PM clinic 1 4 30 PM to 7 30 PM clinic 2 In between making stocks, sending parcels to patients. After 8 to 10, online consultations around the globe.

**Q.** Does your office accept American health insurance? Are there any excluded?

**Dr. Ravi:** No, but when you visit our clinic or I see you in person, I will give you a form to submit to your medical insurance for reimbursement of services.

**Q.** Let's say hypothetically, a patient here in southern Illinois needs to speak with you and if having a specific problem how do you deal with this? What if the patient does not use the internet and cannot travel to India to see you?

**Dr. Ravi:** If patient does not use Internet then they can write me a letter on their disease condition. After that, I send them form to fill out and then on phone. If they use Internet then they can submit online form and Online consultations by Skype and other methods.

**Q.** How much is the cost involved with treatment? How does the patient pay you?

**Dr. Ravi:** It differs from disease to disease and they can directly pay in my bank account.

**Q.** Do you have any special



**Dr. Ravi Paneri**

rates for low-income people? Do you ever offer "free" services?

**Dr. Ravi:** Yes of course, as being doctor is not a business for me. Yes I treat free to children under age of 3 in India and to poor people. We will implement the same for the K.A.R.E. Clinic in Illinois.

**Q.** Knowing that everyone's bodies are different, typically, when does the patient start showing results from your medicines?

**Dr. Ravi:** Based on disease and condition but generally if it's not degenerative then within a week.

**Q.** How long does it take to maintain Parkinson's? What about other ailments?

**Dr. Ravi:** 4 to 5 years approx. for degenerative disease could be less or could be more. Again, it differs from patients to patients, disease condition, following diet and life style, regimen and other factors.

**Q.** Do you have any one special case that has been a personal triumph for you?

**Dr. Ravi:** Mostly degenerative diseases like Parkinson's, Autism, Epilepsy, Psoriasis, Lupus and more.

**Q.** What about a case that was a personal defeat? Have you experienced this?

**Dr. Ravi:** None to date.

**Q.** What or who is your biggest inspiration?

**Dr. Ravi:** My mom and dad, without them, nothing is possible.

**Q.** What is the best thing you like about being a doctor?

**Dr. Ravi:** That I can help those who are suffering and patients can trust me.

**Q.** Is there anything you do not like? What is the least?

**Dr. Ravi:** Dirty politics.

**Q.** What are some of your thoughts on the new K.A.R.E.™ Retreat?

**Dr. Ravi:** My thoughts on the new center are: Karma Ayurveda Retreat and Energize will be in true sense for taking care of an individual.

K.A.R.E.™ is committed to the preservation, digitization and promotion of ancient Indian knowledge systems like Ayurveda, Yoga, Vaastu, Astrology, and Meditation.

Our mission is to rediscover the complete science of life as propounded in our ancient Vedic texts, which helps in establishing a peaceful and harmonious society.

At the K.A.R.E.™ Retreat more than treating disease or illness we will teach and guide people how a minimum changes in life style can bring about the maximum benefit in terms of living healthy and joyfully with true serenity. More than that, we envisage opening a school, restaurant and K.A.R.E.™ hotel in the future.

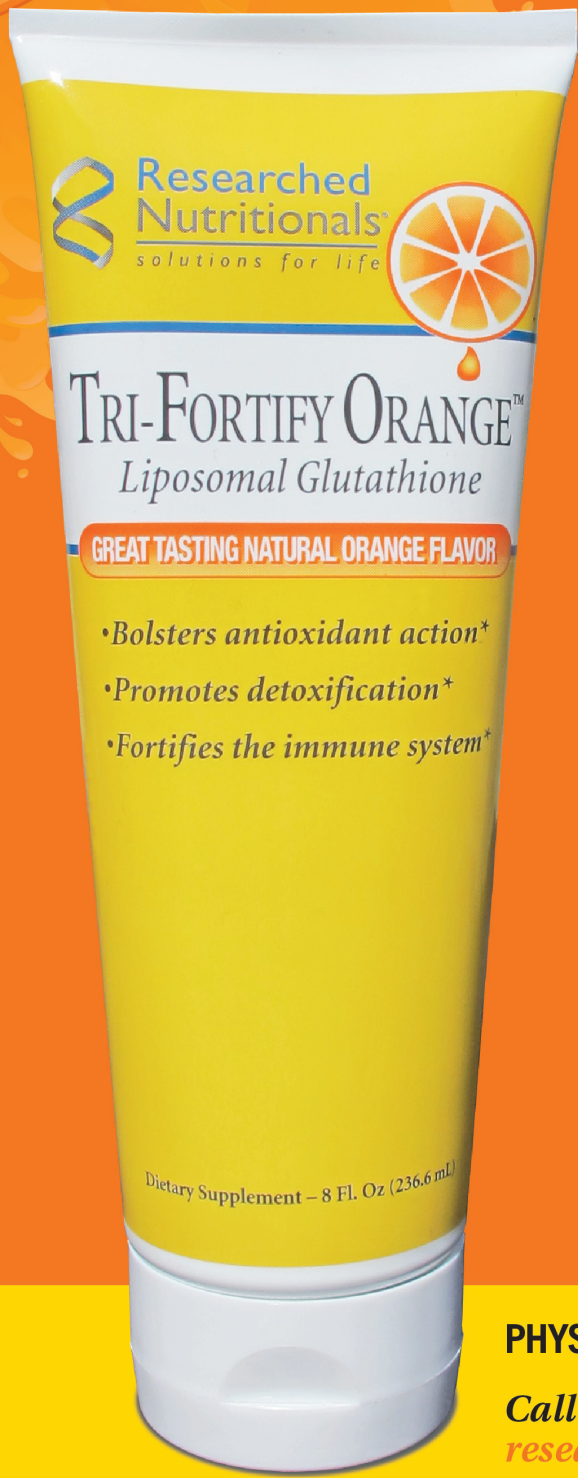
In closing, Dr. Paneri, I would like to thank you so much for granting this interview and we look forward to helping so many thru your knowledge. Do you wish to leave our readers with some words of wisdom?

**Dr. Ravi:** Yes, "Just love yourself for who you are."

*pha*

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The owners of NutraMedix have been involved in international Christian ministry since the 1980s. Prior to starting the company in 1993, our Founder and President was a missionary pilot serving tribal groups in Peru. The Kairos Foundation was created in 1995 to fund projects that address both the physical and spiritual needs of people in some of the most disadvantaged areas of the world. The foundation provides ongoing financial support for organizations operating in Africa, Asia, Eastern Europe, North America and South America.



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